



fresh hope
mission &
ministry

NAVIGATE

Transformational
Encounters
in Spiritual Leadership

Fresh Hope provides spiritual leadership pathways to suit all ages and life paces, designed for those who desire a deeper Kingdom life.

“Our movement is passionate about men and women who sense they are called by God to live courageously for Him and His Kingdom.

Fresh Hope Spiritual Leadership Pathways are a vital step in providing spiritual leadership and training experiences to equip you to be a transformational person, wherever God leads you in life.

We believe that leadership is caught and taught, and that's why we have combined real life experiences; personal formation and formal tertiary studies to enable you to be in the best position to shape a life of spiritual influence. If you have an open heart and hands and a desire to serve, then this experience is for you.”

John Crowther
Director | Fresh Hope
Mission & Ministry

“Navigate Adventure has been the most transformational experience of my life so far. I have become a more deeply formed and spiritually mature person and have gained a greater understanding and awareness of who I am. It has been a year of challenging and confronting experiences, but from that has come remarkable growth that I believe will last a lifetime.”

- ADVENTURE Student

“When I started Recharge I thought all my problems with myself would be fixed. God had other plans. Over the year He has grown me in his infinite wisdom, slowly and gently. I am now a more loving, cherished daughter of God. The beautiful journey continues.”

- Recharge Student

“IMPART is such a unique environment, where you can feel the kingdom of God in a tangible way. People are real, we talk about real issues, and nothing is hidden. I wasn't expecting to experience the freedom I did during IMPART. Freedom from things I didn't even realize were holding me back from being fully sold out for Jesus.”

- IMPART Student

“The intense live-in year has really pushed me in the deep end and allowed me to really discover how to live for Jesus and how to live with a community of brothers and sisters. If you're serious about a life for the Kingdom, then do IMPACT!”

- IMPACT Student

NAVIGATE ADVENTURE

Targeted to 18 - 22 year olds who have a passion to experience Jesus and His Kingdom, ADVENTURE is a year of formation that will equip you to be a person of spiritual influence and to live a Kingdom-focused life in the context God has placed you.

ADVENTURE is centred around a series of "treks" - on-the-road learning experiences with a small group of students and leaders/mentors. These treks incorporate intensive academic and practical learning, spiritual training, and exposure to ministry and mission, along with important life skills.

NAVIGATE IMPART

For Young Adults who have a passion to align their life with God's mission, IMPART is a one-year full-time course committed to developing and equipping deeply formed spiritual leaders. IMPART is more than learning theory; it is about saturating your life in mission, ministry, community and spiritual formation.

We emphasize a holistic learning experience of personal and spiritual formation, engagement with the word, skill development, study and practical application, all of which occur in a peer learning community.

This course will help you embrace the adventure of life, wherever it takes you. You will also work towards a Diploma of Christian Studies, completing four Bachelor-level subjects over a 12-month period.

Experience

- / Be immersed in community - a place to grow and be transformed
- / Participate in 6 treks throughout the year including a 2-week Cross-cultural Extreme Trek plus Summer and Winter School

You will participate in a series of learning retreats, gain practical experience in the mission field through a mission and ministry placement, experience ongoing growth through mentoring and study four subjects with ACOM.

Experience

- / Deep formation through spiritual mentoring and leadership development
- / Participate in 5 live-in intensives up to 10 days each including Summer and Winter School and a 10-day missional exposure experience
- / Participate in a 2-month ministry intensive placement (in consultation with Impart leaders)

Study

Study 4 units at Bachelor-level towards a Diploma of Christian Studies with ACOM:

- / Spiritual Formation
- / Biblical Studies
- / Christian Doctrine
- / Discipleship

(Fee-help is available to eligible students)

Commit Your Time

This is a part-time course that requires commitment of approximately 12 hours per week throughout the year for online study plus attendance at your six treks (approx. 45-50 days).

Study

Complete 4 units of study at a Bachelor or Masters level with ACOM:

- / Spiritual Formation
- / New Testament
- / The Trinity
- / Missional Leader

(Fee-help is available to eligible students)

Commit Your Time

This is a full-time course that requires a commitment of approximately 24 hours per week throughout the year for online study and ministry placement plus attendance at your five intensives (approx. 30-35 days over the year).



NAVIGATE IMPACT

IMPACT is available for those who have completed a previous Navigate Program and are looking for a more immersive missional learning experience.

Over 10 months the Fresh Hope team will work with IMPACT students to develop a customized learning and practical experience that will help students explore a missional vocation and calling.

Students will be placed in a missional community where they will engage in practical ministry, mentoring and tailored study as well as intentional space for reflection and exploring vocational calling.

Students will grow in ministry and leadership capacity as they participate in Fresh Hope Collective plus Summer and Winter School.

Prospective students must pass a rigorous application and interview process. Students should be prepared to relocate to a new living environment for the duration of the 10 months and be prepared to engage in challenging mission experiences for a minimum of 2 days per week.

If you are passionate about exploring God's calling on your life and want to engage in practical mission, then IMPACT is for you.

NAVIGATE DISCOVER

Not sure if you have the time for one of the other NAVIGATE programs but want to experience the transformational environment the cohort offers? Perhaps DISCOVER is for you.

DISCOVER is designed for those who are unable to commit to a full-time course due to family, study or work; or who want to 'taste and see' whether NAVIGATE or RECHARGE is for them in the future.

Throughout the course of the year DISCOVER students will participate in Summer School and Winter School plus two weekend formation retreats.

They will experience the transformational environment and community of Navigate as well as be engaged in their own spiritual formation journey.

Study with ACOM is available for Spiritual Formation but not essential.

You will engage with relevant material throughout the year, with the option to study at an accredited level if desired.

NAVIGATE RECHARGE

Are you ready for a new quest?
Are you willing to invite God into the
pain and joy of your story?

RECHARGE is for people over 50 who are ready to intentionally embrace the second half of life with wisdom and courage. RECHARGE is a space for recalibration of your whole person. A time set aside to be renewed for the next season of your life. It's designed to encourage you to rediscover your true identity as a child of God and relate to Him in freedom as your Abba Father.

During this one-year program you will explore some of the deeper questions as you take time to encounter God's Word and connect with His Spirit in the context of spiritual friendships.

This is a year of equipping you to live loved, and to live to love in a world that needs transformation.

Experience

/ Deep Formation through spiritual formation and mentoring in an intentional community

/ Participate in 4 live-in retreats throughout the year

/ Commit to online study with ACOM

Study

Complete the following units of study at a Bachelor or Masters level with ACOM:

/ Spiritual Formation

/ Biblical Studies

/ Optional: Art & Science of Chaplaincy

If you haven't participated in online study before or if you are new to study altogether, you will receive the support you need from our team.

(Fee-help available for eligible students)

Commit Your Time

To complete your studies, you will be required to commit approximately 6 hours per week. We also suggest you allow for 10 weekdays (annual leave if applicable) and some weekends throughout the year to attend the retreats (a total of approx. 20 days).



Apply

For more information or to apply online for any of the Navigate offerings, please visit: freshhope.org.au/navigate or email admin@freshhope.org.au

NAVIGATE

Transformational Encounters in Spiritual Leadership



ACOM is a member institution of the Sydney College of Divinity who offer internationally recognised higher education awards. Study with ACOM may be full-time or part-time and is both Austudy and FeeHelp approved for students who meet the Australian Government criteria. See www.studyassist.gov.au for details.

Fresh Hope Office (*Churches of Christ in NSW*) Level 1, 3 Rider Boulevard, Rhodes, NSW 2138

Web / freshhope.org.au



FreshHopeNSW



fresh_hope

Email / admin@freshhope.org.au Phone / (02) 8719 2600