

Magnolia Cottage

Social support group for people with
Dementia or related conditions.



FRESH HOPE
COMMUNITIES



Welcome to Magnolia Cottage

Funded through the Commonwealth Home Support Programme (CHSP), Fresh Hope Communities provides a social support group for people with dementia or related conditions.

Our experienced, qualified staff take pleasure in hosting flexible programs that enable individuals to spend an enjoyable and meaningful day in a safe, secure and homely environment.

Anyone with memory loss who is living in the community and not currently receiving an equivalent service through another program, or in residential care, is welcome at Magnolia Cottage.

While providing a high level of care and supervision, our Magnolia Cottage staff engage men and women in stimulating programs that are responsive to their needs; preserving dignity and promoting self-esteem.



About us

Fresh Hope Communities exists to create spaces that cultivate belonging and places that feel like home.

For nearly 90 years, we have been providing quality support and lifestyle choices, across retirement, residential and respite settings and more recently, affordable housing.

At Fresh Hope Communities, we believe in supporting and encouraging your independence. This extends all the way from the management of our retirement and residential care communities throughout NSW to our commitment towards empowering our residents, their friends and family to make the right choices for them. We believe in welcoming relatives, friends and volunteers to partner with us and we strive to ensure that individuals retain strong links to their community.



What does a typical day at Magnolia Cottage include?

The daily program

The program is run throughout the week, Mondays to Fridays.

You will be welcomed by a friendly staff member who will explain the day's activities.

We work with you to create a care plan to ensure each day's program is flexible and responsive to your needs, wants and preferences.

Your carer can also have input into your care plan if you would like them to.

Activities offered cater to the diverse needs of all individuals and create an environment that is both social and fun.



Activities include:

- Cooking
- Individual and small group exercise sessions
- Men's group
- Outings to explore the local community
- Art and craft classes
- Green thumbs gardening group
- Social interaction and mental stimulation with other community groups and school kids
- Individual interest activities

Care and services available:

Experienced staff are able to provide individual care services. These may include:

- Staff qualified in Dementia and memory loss care, health and leisure, and the Active Ageing fitness program
- Assistance with self medication
- Assistance with personal care tasks
- Carer support and education
- Information and referral services
- Access to pastoral care services
- Transport to and from the centre can be arranged (where available)
- Morning tea and a hot lunch. We cater for special diets and preferences
- Multicultural programs, including celebrating cultural days/festivals, armchair travel days, international food tasting and entertainment
- A friendly atmosphere and lively conversation



Who can attend?

Anyone with memory loss who is living in the community in their own home and not currently receiving an equivalent service through another program, is welcome at Magnolia Cottage.



What if my care needs change?

Magnolia Cottage will make every effort to provide appropriate programs for you. Should your needs change to the extent that they exceed our service provision capabilities, we will consult with you and your carer and provide information about services which may fit your changed needs better.

What if I can't attend my planned session?

If you are unwell or unable to attend, please contact the centre before 8am to cancel your session and any transport arrangements for the day.



How do I apply for the service at Magnolia Cottage?

You will need to have a Home Support Assessment conducted by the Regional Assessment Service (RAS).

This can be organised through My Aged Care. Simply call 1800 200 422 or visit www.myagedcare.gov.au.

However, if you need any help navigating this process, please get in touch with us.

Why do I need an assessment?

An assessment and evaluation allow the program to remain responsive to individuals' needs and wellbeing.

Acceptance into Magnolia Cottage is subject to the program's ability to meet the individual's needs, with regards to their safety and the safety of other participants and staff.

What is the daily cost?

There is a fee to attend which changes from time to time and according to service eligibility through My Aged Care. Please contact the service directly to discuss. We will work with you and your individual circumstance to best meet your needs.

Magnolia Cottage has been made possible through funding provided by the Australian Government under the Commonwealth CHSP Program.



What benefits do I get from attending Magnolia Cottage?

At Magnolia Cottage, you can interact and socialise with others in a friendly and welcoming environment.

Through a variety of activities on offer, you will be able to experience what you need most, both individual self-expression and meaningful connection with others. Our program includes a wellness and reablement approach, which means you will have opportunities to enhance your health and wellbeing.

If you experience loneliness or anxiety, participation in the planned activities may help to lessen these feelings.



Supervision and safety

Clients at Magnolia Cottage are supervised at all times in a safe and secure environment.

Any medications that you are required to take must be supplied in a blister pack daily. Staff will remind and supervise clients to take their medications at the appropriate time.

Magnolia Cottage is a smoke free environment.

To ensure your safety, someone must be at home when we drop you off unless other arrangements have been made.

Magnolia Cottage adopts safe practices and controls are in place to minimise risk. These may include the need to wear a face mask and complete a Rapid Antigen Test before each visit.

How do I contact Magnolia Cottage?

Address: Magnolia Cottage
2 Halcot Ave, North Nowra NSW 2541

Phone: 02 4444 3230

Fax: 02 4422 6032

Email: magnolia@freshhope.org.au

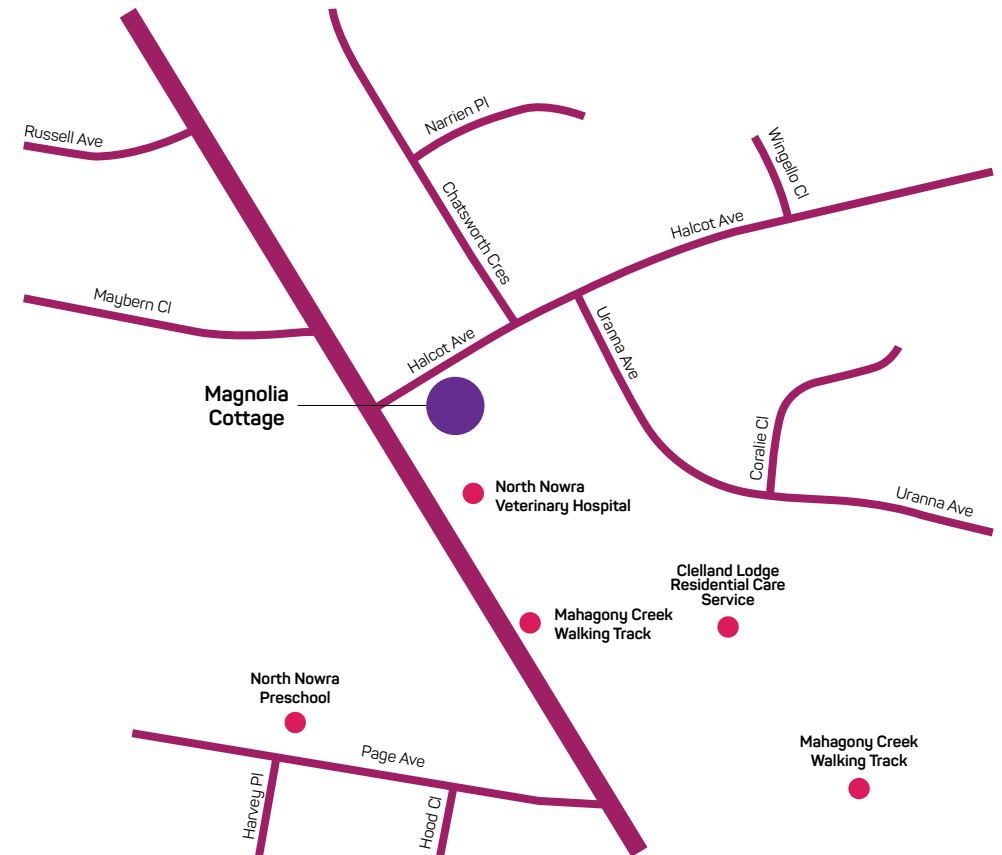
Website: www.freshhope.org.au/social-support

Hours: Monday, Tuesday, Wednesday and Friday
7.30am to 4.00pm

Thursday
9.00am to 2.30pm

Location

Positioned just off the A1 in North Nowra, Magnolia Cottage is only minutes from the centre of Nowra Township.





1800 005 484
hello@freshhope.org.au
freshhope.org.au